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Molecular and Cellular Neuroscience 41 (2009) 337-347

Contents lists available at ScienceDirect



Molecular and Cellular Neuroscience

journal homepage: www.elsevier.com/locate/ymcne



Circumventricular organs: A novel site of neural stem cells in the adult brain

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ARTICLE INFO

Article history: Received 7 January 2009 Revised 13 April 2009 Accepted 22 April 2009 Available online 3 May 2009

Keywords: Neural stem cell Neurogenesis Gliogenesis Nestin Sox2 Ki67 Vimentin

Introduction

In recent years, it has become increasingly clear that the adult mammalian brain, once thought to be a static structure, in fact retains the capacity to generate new neurons and glia throughout the life of the organism (Alvarez-Buylla and Lim, 2004; Doetsch et al., 1999; Doetsch, 2003b; Doetsch, 2003a). In particular, adult neurogenesis has been found in two discrete regions of the brain: the subventricular zone (SVZ) of the anterolateral ventricular wall and the subgranular zone (SGZ) in the dentate gyrus of the hippocampus (Lie et al., 2004). The neurons produced in these regions are thought to arise from neural stem cells (NSCs) found in highly regulated stem cell niches wherein self-renewal and differentiation of progenitors toward the neural cell fate is determined by local environmental and intrinsic cellular cues (Temple, 2001; Shen et al., 2004; Barkho et al., 2006). In the adult, NSCs are generated for the continuous replacement of specific classes of brain neurons (i.e. periglomerular and granule cells in the olfactory bulb and granule cells of the dentate gyrus) but also in response to neurodegenerative disease, traumatic injury, stroke, etc. (Schouten et al., 2004; Sundholm-Peters et al., 2005; Park et al., 2006).

It has been postulated that NSCs in the SVZ and SGZ derive from a unique cell type, the germinal astrocyte, which is characterized by the presence of specific intermediate filament proteins (i.e. nestin, glial fibrillary acidic protein [GFAP], vimentin) (Doetsch et al., 1999;

ABSTRACT

Neurogenesis in the adult mammalian nervous system is now well established in the subventricular zone of the anterolateral ventricle and subgranular zone of the hippocampus. In these regions, neurons are thought to arise from neural stem cells, identified by their expression of specific intermediate filament proteins (nestin, vimentin, GFAP) and transcription factors (Sox2). In the present study, we show that in adult rat and mouse, the circumventricular organs (CVOs) are rich in nestin⁺, GFAP⁺, vimentin⁺ cells which express Sox2 and the cell cycle-regulating protein Ki67. In culture, these cells proliferate as neurospheres and express neuronal (doublecortin⁺, β -tubulin III⁺) and glial (S100 β ⁺, GFAP⁺, RIP⁺) phenotypic traits. Further, our in vivo studies using bromodeoxyuridine show that CVO cells proliferate and undergo constitutive neurogenesis and gliogenesis. These findings suggest that CVOs may constitute a heretofore unknown source of stem/ progenitor cells, capable of giving rise to new neurons and/or glia in the adult brain.

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Doetsch, 2003b; Doetsch, 2003a; Lendahl et al., 1990; Wei et al., 2002; Wiese et al., 2004) and nuclear factors (i.e. Sox1, Sox2, Musashi-1) (Komitova and Eriksson, 2004; Cai et al., 2006; Shin et al., 2007). Still others maintain that additional cells types, such as multiciliated ependymal cells (Johansson et al., 1999) and tanycytes (non-ciliated cells of the ependyma) (Xu et al., 2005) also serve as NSCs in the adult brain and spinal cord (Bruni, 1998; Liu et al., 2002; Mothe and Tator, 2005). Finally, the presence of dividing progenitors has also been reported in a number of discrete regions of the adult brain, such as the cortex (Magavi et al., 2000; Jiang et al., 2001), amygdala (Park et al., 2006), striatum (Benraiss et al., 2001; Pencea et al., 2001; Teramoto et al., 2003; Chmielnicki et al., 2004; Collin et al., 2003; Van Kampen and Robertson, 2005).

In the present study, we will show that proliferating cells found at specific sites along the third and fourth ventricles express proteins normally associated with germinal astrocytes and their derivatives (transit amplifying cells) of the SVZ and SGZ. We will demonstrate that these cells give rise to neurons and glia both in culture and in vivo. Historically, the midline structures where these cells reside have together been termed circumventricular organs (CVOs) and include the organum vasculosum of the lamina terminalis (OVLT), subfornical organ (SFO), median eminence (ME), pineal gland (PG), subcommissural organ (SCO), area postrema (AP) and the choroid plexus. CVOs are unique in structure and function. Their ventricular surfaces are lined with specialized ependymal cells called tanycytes, which act as a partial CSF barrier. In addition, CVOs lack a classic blood-brain-barrier. With the exception of the SCO, all other CVOs contain permeable fenestrated capillaries and are often referred to as the "windows of the

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^{1044-7431/\$ -} see front matter © 2009 Elsevier Inc. All rights reserved. doi:10.1016/j.mcn.2009.04.007

brain" (Johnson and Gross, 1993). The CVOs are critically involved in the maintenance of a wide variety of sensory homeostatic and inflammatory pathways in the brain (Moyse et al., 2006). These unique properties indicate that CVOs may represent novel sites for the continued generation of neurons and/or glia in the adult brain.

Results

CVOs express neural stem cell markers

To establish that CVO cells express proteins that identify neural stem cells, we examined CVO regions from both the adult nestin-GFP mouse and adult rat. Using double label immunocytochemistry on nestin-GFP mouse brain sections, we first confirmed in the traditional and most active niche of adult neural stem cells (SVZ shown in panels A–C) that GFP fluorescent cells are nestin-immunoreactive. Likewise, the CVO regions of the nestin-GFP mouse brain (ME in panels E–G and AP in panels H–J of Fig. 1) are GFP fluorescent and nestin⁺. CVO cells from nestin-GFP mice also express the Class III intermediate filament protein vimentin (ME in panels K–M and AP in panels N–P), which has been shown to characterize neural stem cells (Yang et al., 1993; Barry and McDermott, 2005). Robust nestin expression was also demonstrated in the CVOs of the adult rat, as was co-expression of GFAP, a key marker of germinal astrocytes (Fig. 2). As evident in the nestin and GFAP merged images of Fig. 2 (A, C, E, G, I, K), in most cases there was significant overlap in cells stained with both markers.



Fig. 1. Expression of intermediate filaments in CVOs of the adult transgenic nestin-GFP mouse. Using immunocytochemistry for tissue sections, cells in the SVZ (A–C), ME (E–G, K–M) or AP (H–J, N–P) were both GFP fluorescent (B, F, I, L, O) and nestin⁺ (C, G, J) or vimentin⁺ (M, P) in merged images (A, E, H, K, N). Calibration bar = 100 µm.

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Fig. 2. Immunocytochemical localization of intermediate filament proteins in the adult rat CVOs. Shown are nestin staining or merged images of nestin and GFAP staining in the OVLT (A, B), SFO (C, D), ME (E, F), SCO (G, H), PG (I, J) and AP (K, L). Calibration bar = 200 µm.

CVO cells proliferate and differentiate in culture

Having demonstrated expression of NSC markers in the CVOs, we next investigated the proliferative potential of CVO cells in culture

using the nestin-GFP mouse and adult rat. We first demonstrated proliferation as floating neurospheres of GFP⁺ cells from adult nestin-GFP mouse in the control neurogenic region SVZ (Fig. 3A). Likewise, as shown in Fig. 3, GFP⁺ cells proliferated as floating neurospheres from



Fig. 3. Neurosphere formation from adult transgenic nestin-GFP mouse cells. GFP⁺ neurospheres from control region SVZ (A) and CVO regions ME (B), OVLT (C), and AP (D) are shown 6–14 days following microdissection and plating of single cells in suspension culture.

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Nestin-GFP neurosphere yield from CVOs and SVZ and days in vitro (DIV) to reach 100 μm mean sphere diameter.

Region	GFP ⁺			
	Total sphere count ^a per 5000 cells plated	DIV to 100 µm mean sphere diameter		
AP	129.87 ± 3.03	13.5 ± 0.5		
ME	93.89 ± 8.30	7 ± 0.41		
OVLT	133.31 ± 0.94	13.5 ± 0.5		
SFO	83.11 ± 3.99	13.25 ± 0.48		
SVZ	125.38 ± 14.24	12.75 ± 0.48		

Data is expressed as mean \pm S.E.M.

^a Spheres of all sizes were quantified.

CVOs ME (B), OVLT (C), and AP (D). Spheres formed over 6–14 days in vitro and were passaged at least three times. CVO spheres exhibited similar growth rates (Table 1; AP and OLVT: 13.5 ± 0.5 ; SFO: 13.25 ± 0.48 days in vitro to reach 100 µm mean sphere diameter) to control region SVZ (12.75 ± 0.48 days in vitro to reach 100 µm mean sphere diameter), except for the ME region, which exhibited a more rapid growth rate (7 ± 0.41 days in vitro to reach 100 µm mean sphere diameter). CVO sphere yield per 5,000 cells plated was comparable to control region SVZ (Table 1). As evident in Fig. 3, the spheres exhibited a heterogeneous nestin-GFP labeling pattern that is characteristic of nestin immunoreactivity of neurospheres from adult mammalian brain (Reynolds and Weiss, 1992). Importantly, spheres did not form from cortical tissue or from neighboring non-CVO ventricular regions of the rat or nestin-GFP mouse (data not shown).

To confirm CVO cell proliferation in vitro we also undertook clonal culture experiments and immunocytochemical staining with the proliferation marker Ki67 (Fig. 4). Cells from the adult rat CVO region ME were observed in the act of cytokinesis (A) and forming growing colonies (B, C). Like SVZ cells (D), ME cells expressed nestin and Ki67 in culture (E).

We next sought to determine whether CVO cells had the capacity to differentiate into cells expressing neuronal traits in culture. Cells from the CVO regions ME and OVLT and control SVZ region were dissected from adult nestin-GFP mice and grown as neurospheres. After two passages, cells were plated as adherent cells and differentiated for 14 days in vitro with differentiation medium. To ensure that the cells began the differentiation process from the undifferentiated state, a subset of cells were fixed two days after plating and processed for immunocytochemistry. As shown in Fig. 5, undifferentiated cells from the SVZ (A, D), ME (B, E), and OVLT (C, F) expressed nestin and GFP (A–C), but virtually no cells expressed the neuroblast marker doublecortin (DCX, D–F). In contrast, differentiated cells from the SVZ (G, J), ME (H, L) and OVLT (I, M) expressed both DCX and the early neuronal marker β -tubulin III (J–M) but no longer expressed nestin-GFP. Differentiated cells were process-bearing and appeared to lie on a bed of DCX and β -tubulin III-negative cells.

Having demonstrated neuronal phenotypic differentiation of CVO cells, we next tested whether CVO cells from the nestin-GFP mouse could also differentiate towards a glial fate in culture. As described above, GFP⁺ neurospheres were passaged at least twice, dissociated, and plated as undifferentiated adherent cells. Following treatment with differentiation medium for 10–14 days, cells were assessed for expression of astrocyte markers GFAP and S100β using immunocy-tochemistry. As seen in Fig. 6, cells from the SVZ (A), ME (B), AP (C), and OVLT (D) co-expressed GFAP and S100β but no longer expressed nestin-GFP, consistent with astroglial differentiation. Differentiated cells were also analyzed for expression of the oligodendrocyte marker RIP. As shown in Fig. 6, cells from CVO regions ME (E) and OVLT (F) were RIP⁺ and demonstrated characteristic oligodendrocyte morphology.

CVO cells proliferate and differentiate in vivo

Results in culture indicated that CVO cells possessed the potential to proliferate and differentiate into cells phenotypic of neurons and glia. We therefore examined the adult nestin-GFP mouse and adult rat for evidence of constitutive proliferation and differentiation in vivo. We first assessed the expression of Sox2, a



Fig. 4. Clonal proliferation of adult rat CVO cells in vitro. Cells from the CVO region ME were plated at low density and single attached cells were marked and observed for colony formation. Here ME cells are shown in the act of cytokinesis (A) and developing expanding colonies (B, C). Immunocytochemical analysis demonstrated that like control SVZ cells (D), ME cells expressed nestin and the nuclear proliferation marker Ki67 (E).



Fig. 5. Neuronal differentiation of nestin-GFP mouse CVO cells in vitro. Undifferentiated cells from the SVZ (A, D), ME (B, E), and OVLT (C, F) expressed nestin and GFP (A–C), but few expressed the neuroblast marker doublecortin (DCX, D–F). Following differentiation for 14 days, process-bearing cells expressed neuronal markers DCX (G–I) and β-tubulin III (βIIItub, J–M). Calibration bar = 50 µm for panels A–F and 25 µm for panels G–M.

transcription factor mediating multipotency in adult neural stem cells (Komitova and Eriksson, 2004; Ferri et al., 2004; Miyagi et al., 2004), and the cell proliferation marker Ki67. As seen in Figs. 7A–C, the adult rat SVZ contained numerous Sox2⁺ cells, many of which were also Ki67⁺ ($6.53 \pm 1.18\%$ Ki67⁺/Sox2⁺). Similarly, CVO regions, particularly the OVLT (D–F) and AP (G–I), contained many Sox2⁺ cells, some of which were also Ki67⁺ (OVLT: $2.93 \pm 1.56\%$ Ki67⁺/Sox2⁺; AP: $17.0 \pm 9.83\%$ Ki67⁺/Sox2⁺). In all cases, labeled cells were found both in the ependymal layer and scattered throughout the parenchyma of the organ but not in neighboring structures. In addition to the CVOs, Sox2⁺ parenchymal cells were also observed in the caudate nucleus (CN), cerebral cortex, and bed nucleus of the stria terminalis. However, these were not labeled with Ki67 (J–L).

To further establish CVO cell proliferation in vivo, we also performed studies using the thymidine analog bromodeoxyuridine (BrdU) in adult nestin-GFP mice. In these studies, mice were administered BrdU for one week, and tissue was processed for immunocytochemistry. As shown in Fig. 8, BrdU⁺ nuclei were seen scattered throughout the known neurogenic SGZ region of the hippocampus (A) as well as the CVOs: shown here are the ME (B), SFO (C), and OVLT (D). Like cells of the SGZ, some BrdU-labeled cells in the proliferative CVO zones also appeared to express nestin-GFP. Following our observation of BrdU⁺ cells in the CVOs, we next conducted further studies in an effort to determine whether proliferating (BrdU⁺) CVO cells went on to differentiate. CVOs were evaluated in nestin-GFP- littermates for expression of neuronal and glial markers following BrdU administration for four weeks. As shown in Fig. 9, we found that many BrdU-labeled cells in the CVO regions ME (A), OVLT (B), SFO (C), and AP (D) coexpressed the glial marker S100 β , likely indicating constitutive gliogenesis at these sites. $S100\beta^+/BrdU^+$ cells represented a substantial proportion of total BrdU⁺ cells in the CVOs (OVLT: $45.2 \pm 5.23\%$; SFO: 29.6 ± 4.12%; ME: 30.3 ± 3.52%; AP: 21.7 ± 3.59%; Table 2). We also probed the ME, OVLT, SFO, and AP for expression of TUC-4 (TOAD [Turned On After Division]/Ulip/CRMP-4), a very early neuronal marker (Cameron and McKay, 2001; von Bohlen Und Halbach, 2007) and NeuN, a more mature neuronal marker. As evident in Fig. 10, like control cells of the rostral migratory stream (A), BrdU⁺ cells of the AP (B, arrowhead) and surrounding dorsal vagal complex (B, arrow) also expressed TUC-4. However, the proportion of BrdU⁺ TUC-4 cells co-expressing TUC-4 in the AP ($15.6 \pm 3.16\%$) was far lower than at the RMS ($95.2 \pm 0.04\%$; Table 3). BrdU⁺ cells of the AP also coexpressed NeuN (panel C of Fig. 10). BrdU⁺/NeuN⁺ cells represented $22.8 \pm 3.73\%$ of the total BrdU⁺ cell population in the AP (Table 3).

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Fig. 6. Glial differentiation of nestin-GFP mouse cells in vitro. Undifferentiated nestin-GFP cells plated as adherent culture and differentiated for 10–14 days were analyzed by immunocytochemistry for expression of astrocyte markers S100 β and GFAP and oligodendrocyte marker RIP. Shown are cells from the SVZ (A), ME (B), AP (C), and OVLT (D) co-expressing S100 β and GFAP. Note that cells have lost expression of GFP, which would appear white if triple-labeled. ME (E) and OVLT (F) cells with characteristic oligodendrocyte morphology are shown expressing RIP. Calibration bar = 25 μ m.

Constitutive neurogenesis was not observed at the other CVO regions examined in the intact mouse.

Discussion

The present findings demonstrate that specific sites along the third and fourth ventricles in the adult brain, regions historically known as the CVOs, contain cells that express intermediate filament proteins (nestin, vimentin, GFAP) and transcription factors (Sox2), markers that typically characterize self-renewing multipotent stem/progenitor cells of the embryonic neuroepithelium (Cai et al., 2006; Shin et al., 2007) and adult SVZ and SGZ (Mignone et al., 2004). Grown in culture these cells proliferate as neurospheres and become cells phenotypic of neurons and glia when treated with differentiation medium. Moreover, our in vivo studies show that a pool of Sox2⁺ CVO cells contain nuclei that also label with the proliferation factor Ki67, indicating that cell division persists in these regions in the adult brain. Likewise, our BrdU studies confirm that these regions contain constitutively proliferating cells that go on to differentiate into neurons and glia. These findings raise the intriguing possibility that CVOs function not only to mediate sensory/inflammatory homeostatic mechanisms in the adult brain, but also serve a stem cell function with the potential to give rise to differentiated neural and glial cell types.

Although earlier studies have not examined the CVO structures as a collective group, a number of inquiries of individual CVOs have reported findings consistent with a stem cell role. Thus, Arochena et al. (2004) have shown that, in the adult gray mullet fish, the OVLT and AP possess the radial glial markers GFAP and vimentin. In addition, GFAP⁺ and nestin⁺ cells have been observed in the adult mouse SFO, ME, and AP (Wei et al., 2002; Pecchi et al., 2007). In vitro, cells isolated from the

AP, choroid plexus and third and fourth ventricles of adult mice have generated neurospheres of multipotent stem cells (Weiss et al., 1996; Bauer et al., 2005; Charrier et al., 2006; Chouaf-Lakhdar et al., 2003; Itokazu et al., 2006).

Consistent with these findings, our studies in culture demonstrated that CVO cells possessed the potential to become neurons and glia. Interestingly, however, our in vivo studies showed that in the intact animal, proliferating cells of the ME, OVLT, and SFO gave rise to astrocytes, while cells of the AP gave rise to both neurons and astrocytes. It is possible that, as in the known neurogenic SVZ and SGZ regions, the CVO microenvironment may possess factors critical for maintaining progenitors and regulating differentiation. Future studies will be necessary to identify factors that instruct CVO cell fate. In addition, although S100 β is used as the standard marker for mature non-germinal astrocytes, it should be noted that S100 β -expressing astrocytes have been reported to divide in the adult brain (Seri et al., 2004; Ihrie and Alvarez-Buylla, 2008). Therefore, it must be considered that at least a portion of the BrdU⁺/S100 β ⁺ population identified in the CVOs may not be fully differentiated.

In vivo, we observed the spontaneous proliferation ($Ki67^+$) of a small subset of multipotent ($Sox2^+$) cells in all CVO regions examined. Proliferating $Sox2^+$ cells in the CVOs may represent a pool of latent stem cells which are relatively quiescent in the intact brain, but which possess the potential for amplification and differentiation under specific circumstances. In this regard, CVOs, with their abundance of fenestrated capillaries and their proximity to ventricles, may be ideally positioned to react to pathological (i.e. inflammatory) or physiological (i.e. autonomic) perturbations. In support of this notion, Xu et al. (2005) found that the intraventricular injection of the mitogen bFGF resulted in the proliferation of ME cells and subsequent generation of





Fig. 7. Immunocytochemical localization of transcription and proliferation factors in adult rat CVOs. Shown are merged images (A, D, G, J) for Ki67 (B, E, H, K) and Sox2 (C, F, I, L) staining in the SVZ (A–C), OVLT (D–F), AP (G–I) and in presumptive parenchymal progenitors of the caudate nucleus (J–L). Calibration bar = 200 μ m.

new neurons of the hypothalamus. Likewise, Moyse et al. showed that vagotomy promoted a transient but substantial increase in the production of new (BrdU⁺/NeuN⁺) neurons in the dorsal vagal complex (Moyse et al., 2006; Bauer et al., 2005). From a physiological standpoint, our observation of constitutive gliogenesis in the ME is particularly interesting given the reported role of astrocytes in this region in the regulation of reproductive neuroendocrine output. Hypothalamic glia have been shown to regulate gonadotropin-releasing hormone release by both structural and chemical mechanisms (Prevot et al., 2007; Garcia-Segura et al., 2008; Ojeda et al., 2008).

Although we have demonstrated CVO cell proliferation and differentiation toward neuronal and glial phenotypes, differentiative potential of these cells has not yet been fully tested. Recently, Gleiberman et al. (2008) found that nestin-expressing precursors/ stem cells of the adult mouse pituitary gland differentiate to become neuroendocrine cells of the anterior pituitary, which the authors argue may adapt the gland for dynamic responses to physiological and pathological stimuli. Given that CVOs also contain neuroendocrine cells, it is an intriguing possibility that nestin⁺ CVO cells may help maintain this cell population within the CVO. Future studies will be needed to make such determinations. Similarly, Virard et al. have recently characterized a platelet derived growth factor receptor alpha-expressing glial cell population in the adult rat neurohypophysis able

to proliferate as neurospheres and give rise to mature astrocytes and oligodendrocytes in vitro (Virard et al., 2008). Future studies are needed to examine the full expression profile of the primary progenitors within the CVOs. In addition, it will be important to identify conditions that promote CVO cell proliferation and govern their differentiation in the normal and diseased brain.

Experimental methods

Animals and treatments

All experiments were carried out in accordance with the National Institute of Health Guide for the Care and Use of Laboratory Animals and under approval of Thomas Jefferson University's Institutional Animal Care and Use Committee.

BrdU administration

Nestin-GFP male and female mice (8–14 weeks old) were administered BrdU (Fisher Scientific, Fair Lawn, NJ; 1 mg/ml) in their drinking water for one (proliferation study) or four weeks (differentiation studies), then immediately perfused and brains processed for tissue sectioning and immunocytochemistry.

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Fig. 8. Constitutive proliferation of CVO cells in the nestin-GFP mouse. BrdU-labeled nuclei are seen in control region SGZ (A) and CVO regions ME (B), SFO (C), and OVLT (D) following administration of BrdU for one week. Calibration bar = 100 µm.

Cell culture

CVO and SVZ regions were visualized under a fluorescent dissection microscope and ${\rm GFP}^+$ tissue was dissected from 8–

14 week-old male and female nestin-GFP mice (12–16 animals per culture). Cells were dissociated in 1 mg/ml papain (Roche, Indianapolis, IN) in HBSS-CMF (Mediatech, Herndon, VA) and plated as suspension culture in NeuroCult NSC Basal Medium with added



Fig. 9. Constitutive gliogenesis in CVOs of the nestin-GFP mouse. To track the differentiative fate of proliferating (BrdU⁺) CVO cells, intact Nestin-GFP animals were administered BrdU for four weeks. As indicated by the arrows, many BrdU⁺ cells co-labeled with the astrocyte marker S100 β in the ME (A, see inset for enlargement of BrdU⁺, S100 β ⁺ cell), OVLT (B), SFO (C), and AP (D), indicating active gliogenesis at these sites. Scale bars = 25 μ m.

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Table 2		
Quantification of BrdU-labeled and BrdU/S	100 β double-labeled cells from the C	VC
regions following BrdU treatment for four we	eeks.	

0	0		
Region	BrdU ⁺ per section ^a	$S100\beta^+/BrdU^+$ per section ^a	% S100 β^+ /BrdU ⁺ vs. BrdU ⁺
OVLT	11.65 ± 3.37	5.20 ± 1.61	45.2 ± 5.23
SFO	15.88 ± 3.82	4.60 ± 1.18	29.6 ± 4.12
ME	35.36 ± 4.22	10.72 ± 1.69	30.3 ± 3.52
AP	34.03 ± 8.68	7.08 ± 1.86	21.7 ± 3.59

Data is expressed as mean \pm S.E.M.

^a Values indicate average number cells immunopositive per section.

NeuroCult NSC Proliferation Supplement for mouse (STEMCELL Technologies, Vancouver, BC, Canada) at the following densities: SVZ (150,000–175,000 cells/ml), OVLT (50,000–75,000 cells/ml), ME (75,000–125,000 cells/ml), SFO (25,000–50,000 cells/ml), and AP (25,000–50,000 cells/ml). Cultures were supplemented with 20 ng/ml bFGF (R and D, Minneapolis, MN), 20 ng/ml EGF (R and D), and 0.36 U/ml heparin sodium (Abraxis, Schaumburg, IL). Cultures were passaged by trituration with a P200 pipette until dissociation of neurospheres was achieved. For differentiation experiments, cells were plated on poly-ornithine or Geltrex (Invitrogen, Carlsbad, CA)-coated chamber slides. Medium was then changed to NeuroCult NSC Basal Medium with added NeuroCult NSC Differentiation Supplement for mouse (STEMCELL Technologies) for 10–14 days.

For clonal analysis of adult rat cells, the ME was dissected from 4 adult rats (Fischer 344; 250–350 g) using a dissection microscope. Tissue was dissociated in 1 mg/ml papain (Roche, Indianapolis, IN) in HBSS-CMF and plated at low density (10,000–25,000 cells/well) on 6-well tissue culture plates in NeuroCult NSC Basal Medium with added NeuroCult NSC Proliferation Supplement for rat (STEMCELL Technologies). Cultures were supplemented with 20 ng/ml bFGF, 20 ng/ml EGF, and 0.36 U/ml heparin sodium. Single adherent cells were marked and examined daily for colony formation.

For quantification of spheres, GFP⁺ cells were counted from each region using a hemacytometer to obtain plating density immediately following microdissection and plating of CVO and control (SVZ) regions in culture. When spheres reached an average of 100 μ m in diameter, absolute GFP⁺ sphere yield from each region from each dissection (n = 4) was counted using an eyepiece reticle. Sphere yield was then expressed as number of GFP⁺ spheres formed per 5000 GFP⁺ cells plated.

Immunocytochemistry

Tissue sections

Adult male rats (Fischer 344; 250–350 g) or 8–14 week-old male and female nestin-GFP mice were deeply anesthetized with 70 mg/kg Nembutal (rats) or a cocktail of ketamine (100 mg/kg) and xylazine (5 mg/kg, mice) and perfused with cold (4 °C) periodate-lysineparaformaldehyde (4%). Brain sections were cut at 30 μ m on a freezing microtome (rats) or at 14 μ m on a cryostat (mouse) and sections were

Table 3

Quantification of BrdU-labeled and BrdU/TUC-4 or BrdU/NeuN double-labeled cells from the AP and RMS following BrdU treatment for four weeks.

Region	Marker	BrdU ⁺ per section ^a	Marker ⁺ /BrdU ⁺ per section ^a	% Marker ⁺ /BrdU ⁺ vs. BrdU ⁺
AP	TUC-4	37.86 ± 7.24	5.67 ± 1.26	15.6 ± 3.16
	NeuN	31.19 ± 8.07	7.08 ± 3.55	22.8 ± 3.73
RMS	TUC-4	454.7 ± 38.2	434.2 ± 40.9	95.2 ± 0.04

Data is expressed as mean \pm S.E.M.

^a Values indicate average number cells immunopositive per section.

incubated with primary antibodies in a 0.01 M phosphate-buffered saline (PBS) solution (pH 7.4) containing 0.3% Triton X100 and 2% normal donkey serum (NDS). After two days at room temperature (rat sections) or overnight at 4 °C (mouse sections), sections were washed five times for 10 min each with a 0.01 M PBS solution (pH 7.5). Secondary immunofluorescent antibodies were incubated for one (mouse sections) or 3 h (rat sections) at room temperature in 0.01 M PBS solution (pH 7.5) containing 2% NDS. The nuclear dye Hoechst 33258 (Invitrogen, 1 mg/ml) was added to secondary antibody solution for nuclear staining. Sections were then washed and mounted on slides and examined on a Nikon Scanalytics Image System or an Olympus IX2-UCB with a Sensicam digital camera system (Cooke) and Slidebook imaging software (Intelligent Imaging Innovations).

For BrdU studies, tissue sections were washed with 0.01 M PBS, then treated with 2 M HCl for 30 min at room temperature. Sections were then washed with 0.01 M PBS followed by incubation for 30 min at room temperature with 0.1 M sodium tetraborate decahydrate. Sections were then washed with 0.01 M PBS and processed for immunocytochemistry as above.

For quantification of rat sections, representative Ki67/Sox2 immunostained coronal sections (30 μ m thickness) were sampled from SVZ and CVO regions OVLT and AP from three adult male Fischer 344 rats, and immunopositive nuclei were counted per section, averaged, and expressed as mean \pm S.E.M. For quantification of mouse sections, coronal sections of 14 μ m thickness were cut through the rostrocaudal extent of all CVOs used for quantification (OVLT, ME, SFO, and AP; n=3 nestin-GFP mice per staining). Quantification of immunopositive cells was carried out on every section (OVLT), every other section (ME, SFO), or every third section (AP) for each staining (S100B/BrdU, TUC-4/BrdU, NeuN/BrdU). Immunopositive cells were counted per section, averaged, and expressed as mean \pm S.E.M.

Culture

Cultures were rinsed and then fixed with 4% paraformaldehyde for 30 min at room temperature. Cultures were incubated in 0.3% Triton X100 in 0.01 M PBS for 15 min at room temperature followed by incubation for 30 min at room temperature with 3% NDS in 0.01 M PBS. Primary antibodies were incubated overnight at 4 °C in 0.01 M PBS with 1% NDS. Cultures were then washed and incubated with



Fig. 10. Neurogenesis in the area postrema of the intact nestin-GFP mouse. Shown are BrdU-labeled cells co-expressing the early neuronal marker TUC-4 within the boundary of the AP (B, arrowhead), in the dorsal vagal complex (DVC, B, arrow), and in the rostral migratory stream, a known region of migrating neuroblasts (RMS, A). BrdU-labeled cells in the AP also express the neuronal marker NeuN (C, arrow). Scale bar = 50 μ m.

secondary antibodies for 30 min at room temperature in 0.01 M PBS with 1% NDS. The nuclear dye Hoechst 33258 (Invitrogen, 1 mg/ml) was added to secondary antibody solution for nuclear staining. Cultures were then washed, coverslipped, and analyzed using an Olympus IX2-UCB with a Sensicam digital camera system (Cooke) and Slidebook imaging software (Intelligent Imaging Innovations).

Antibodies

Sections were incubated with primary antibodies to Millipore rabbit anti-GFAP (Billerica, MA, AB5804; 1:300) or DAKO rabbit anti-GFAP (Carpinteria, CA, Z0334, 1:1000), Millipore mouse anti-nestin (MAB353; 1:200), DSHB mouse anti-vimentin (Iowa City, Iowa, 40E-C; 1:200), Abcam rabbit anti-Ki67 (Cambridge, MA, AB833; 1:50), Millipore chicken anti-GFP (AB16901, 1:200), Santa Cruz rabbit antidoublecortin (Santa Cruz, CA, sc-28939, 1:500), R and D mouse anti- β -tubulin III (MAB1195, 1:200), Sigma mouse anti-S100 β (St. Louis, MO, S2532, 1:200) or Abcam mouse anti-S100β (Ab4066, 1:250), R and D Systems mouse anti-Sox2 (MAB2018; 1:800), Accurate Chemical rat anti-bromodeoxyuridine (Westbury, NY, OBT0030, 1:100), Millipore rabbit anti-TUC-4 (AB5454, 1:100), Millipore mouse anti-RIP (MAB1580, 1:1000), or Millipore mouse anti-NeuN (MAB377, 1:100). All secondary antibodies were Alexa Fluor antibodies from Invitrogen: donkey anti-rabbit 594, 1:300; donkey anti-rabbit 488, 1:200; donkey anti-mouse 594, 1:300; donkey antimouse 488, 1:200; donkey anti-rat 594, 1:300; goat anti-chicken 488, 1:200; goat anti-rabbit 350, 1:200.

Acknowledgments

This work was supported by NIH NS32519, NS43309 and the Hassel Foundation. This project is funded, in part, under a grant with the Pennsylvania Department of Health: SAP4100026302 C.U.R.E. The Department specifically disclaims responsibility for analyses, interpretations or conclusions. Lori Bennett was supported in part by a Measey MD/PhD Student Fellowship from Thomas Jefferson University. The authors thank Xiaotao Wei, Dr. Rupal Mehta, and Steve Borson for their assistance.

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