



The Klein Family Parkinson's Rehabilitation Center presents:

Parkinson's Support Group for Patients and Caregivers

Sessions may include:

- **Invited Speakers**

Every other month, a guest speaker presents on topics suggested by the group. Previous topics have included safe swallowing strategies, stress management, and assessing fall risk.

- **Traditional Group Sessions**

Group sessions will often start with a prompted monthly topic, although other topics or questions are welcome. After the first 30 minutes, the group will divide into separate breakout sessions, one for patients and another for caregivers. This gives space for everyone to discuss and socialize with people experiencing similar circumstances.

Sessions are co-led by our licensed social worker and our clinical coordinator.

DATE: The 4th Thursday of every month

TIME: 4:30-5:30 PM

LOCATION: Jefferson Moss-Magee Rehabilitation
60 Township Line Road, Elkins Park

The support group provides a safe space to ask questions, share your experiences, and get practical, helpful information from others going through similar circumstances.

Everyone is welcome to participate at your own pace, whether that is simply coming to listen or to share your experiences.

We encourage both people with Parkinsonism and caregivers to attend!

For more information:

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